

FOR IMMEDIATE RELEASE

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REACH OUT

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Save a Life through Naloxone Training

Yucca Valley, CA – January 25, 2024 — Opioid dependency and misuse continue to be a global crisis, and sadly overdose deaths are climbing. In 2023 the overdose death rate topped 112,000 in a 12-month period for the first time, according to the Centers for Disease Control and Prevention. [Source: [NPR](#)]

Being equipped to handle an emergency such as an overdose victim could be lifesaving. San Bernardino County reported over 380 opioid-related deaths, over 1,089 opioid overdose-related emergency visits, and over 240 hospitalizations in 2022 according to the [California DPH Opioid Dashboard](#).

Naloxone is a medication used to reverse an opioid overdose, including heroin, fentanyl, and prescription opioid medications. Naloxone can be quickly administered through nasal spray ([Narcan®](#)) in the nose, is safe and easy to use, works almost immediately, and is not addictive.

[Reach Out](#) Yucca Valley will be holding a series of Public Naloxone Training at [Copper Mountain College](#) located at 6162 Rotary Way, Room 102 in Joshua Tree, CA 92252.

Naloxone Training Dates:

- **Jan. 30, 9 a.m.** (*Rm. 102*)
- **Feb. 29, 10:30 a.m.** (*Rm. 225*)
- **Mar. 20, 2:30 p.m.** (*Rm. 119*)
- **Apr. 9, 12:30 p.m.** (*Rm. 110*)

Attendees of this training can learn how to recognize and respond to an opioid overdose. Everyone who attends will receive a free box of Naloxone.

For more information, contact Teena Gunnoe at 951-542-2490 or Carrie Kish at 951-542-1461.

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About REACH OUT

Reach Out is a community-based non-profit 501(c)(3) organization that has been serving the Inland Region of Southern California for over 50 years. Reach Out's mission is to strengthen communities by bringing people together to solve our region's toughest issues: breaking barriers to educational achievement, expanding economic opportunities, and creating safe, healthy, and innovative communities. Reach Out's core work of strengthening communities takes many forms, from direct services to youth and families, to deep root cause work in building the health and quality of life of our region. Reach Out is overseen by Executive Director, Diana Fox, and has three locations: the main office in Upland, and two additional offices in Jurupa Valley and Yucca Valley. **Reach Out was recognized as a 2023 Nonprofit of the Year by State Senator Richard Roth.** For more information about Reach Out, visit we-reachout.org, or contact 909.982.8641.